# Michigan Adolescent Pregnancy and Parenting Program (MI-APPP)

Goal: Create an integrated system of care, including linkages to support services, for pregnant and parenting adolescents 15-19 years of age, as well as the fathers and their families in high need Michigan communities through the Michigan Adolescent Pregnancy and Parenting Program (MI-APPP)

Outcome Objectives: 1) By June 30, 2017, reduce by 10% repeat pregnancies among adolescents who have completed the Adolescent Family Life Program (AFLP). 2) By June 30, 2017, increase by 20% the educational outcomes of pregnant and parenting adolescents who have completed AFLP. 3) By June 30, 2017, improve by 20% the maternal and child health outcomes of pregnant and parenting adolescents who have completed AFLP. 4) Increase by 20% the feelings of connectedness between adolescents and their support networks (fathers, families, trusted adults/mentors, service providers, etc.).

### Inputs

### Michigan Department of Community Health

- Statewide Steering Committee
- Program Coordinator
- Support Staff

#### Partners

- Michigan Organization on Adolescent Sexual Health (MOASH)
- Michigan Public Health Institute (MPHI)
- Michigan Department of Education (MDE)
- Five Subcontracted High **Need Communities** (Grantees)

### Resources

- Office of Adolescent Health Funding (OAH)
- Adolescent Family Life Program
- Learning Collaboratives
- Implementation Plan
- Evaluation Plan
- Sustainability Plan
- Home Visiting Community Infrastructure & Services
- Existing Community-Based **Direct Services**

### **Activities**

#### Convene Statewide & Local MI-APPP **Steering Committees**

- Ensure sustained engagement of key partnership groups
- Facilitate RFP process to identify five highneed communities to recruit participants
- Facilitate Needs Assessment & Gap Analysis
- Monitor implementation & performance
- Elevate public awareness through social
- Support linkages to Institutes of Higher Education (IHE)
- Develop & implement a plan for sustainability

### **Build & Sustain Program Infrastructure**

- Provide TA & consultation to funded communities
- Conduct contract, financial, and program monitorina
- Participate in OAH trainings and meetings
- Evaluate the State program & participate in Federal evaluation, if selected
- Disseminate findings

#### Implement Adolescent Family Life Program

- Protective Factors, promote caring relationships, high expectations, and opportunities for participation and contribution among youth
- Family Wellness, utilize assessment findings to connect pregnant and parenting adolescents to housing, transportation, child care services, and parenting classes
- Secondary Education, utilize assessment findings to connect pregnant and parenting adolescents to flexible alternative education modalities, education completion and attainment, job training, financial literacy, and building connections to IHEs and other postsecondary education
- Reproductive & Family Planning Services, utilize assessment findings to connect pregnant and parenting adolescents to primary care, prenatal care, health literacy, contraceptives, postpartum counseling, and interconception care
- Adult Connectedness, utilize case management strategies to increase pregnant and parenting adolescents' connectedness to a parent or other positive adult caregiver

### Outputs

- Active State & Local MI-APPP Steering Committees
- MI-APPP RFP
- Needs Assessment & Gap Analysis
- Priority Need Community Blueprints
- Social Media Tools & Resources
- Sustainability Plan
- Quarterly and Annual Financial Status Reports and Annual Programmatic and Performance Measure Reports to OAH
- System to support the implementation of administrative, training, and evaluation components of MI-APPP
- Training & TA resources
- Subcontracts & monitoring system
- Evaluation plan, annual & final report
- Dissemination documents
- Total # of pregnant and parenting adolescents, fathers, and families served by AFLP
- Total # of pregnant and parenting adolescents connected to housing. transportation, child care services. parenting classes, employment services, mental health services, and intimate partner violence support
- Total # of pregnant and parenting adolescents connected to flexible alternative education modalities, education completion and attainment, job training, and financial literacy
- Total # of pregnant and parenting adolescents connected to primary care, health literacy, prenatal & postnatal care, postpartum counseling, contraceptives/LARC, interconception care
- Total # of pregnant or parenting adolescents reporting at least one adult or family member they can talk with about things that are important to
- Total # of pregnant or parenting adolescents reporting that they have at least one teacher or adult that they can talk to if they have a problem

## **Short-Term Outcomes**

### Utilization

Family Wellness

- Pregnant and parenting adolescents served will report using more needed:
  - Housing services
  - Transportation services
  - Child care services
  - o Parenting classes and/or support groups
  - Employment services
  - Mental health services
- Intimate partner violence support services

## Adult Connectedness

- Pregnant and parenting adolescents served will report an increase in adult, family, and teacher relationships Secondary Education
- Pregnant and parenting adolescents served will report using more needed:
  - Alternative education modalities
  - Job training
  - Financial literacy classes/workshops

### Maternal & Child Health

- Pregnant and parenting adolescents served will report using more needed:
  - Primary Care
  - Health literacy classes/workshops
  - Prenatal care
  - Postnatal care and post-partum counseling services
  - Family planning services and long-acting reversible

#### Resilience/Strenaths

- Pregnant and parenting adolescents served will have:
  - o improved social competence
  - improved problem-solving skills
  - improved autonomy o improved sense of purpose and

bright future

### **Intermediate Outcomes**

#### **Family Wellness**

- Pregnant and parenting adolescents served will have:
  - Stable housing
- Stable transportation
- Stabile child care
- o The knowledge and skills to feel more confident in their ability to effectively parent
- o Stable employment or other income
- o Stable mental health
- Healthier intimate partnerships

### **Adult Connectedness**

 Pregnant and parenting adolescents served will increase communication with adults, family members, or teachers

### **Secondary Education**

- Pregnant and parenting adolescents served will:
  - Regularly attend school
  - o Be successful at grade
  - completion Have job preparedness skills
- Have the knowledge and skills to make better informed financial decisions

# **Educational Outcomes**

**Family Outcomes** 

communities

Pregnant and parenting adolescents served will:

**Long-Term Outcomes** 

Pregnant and parenting adolescents served will:

Have resources to support their families

o Parents have the ability to effectively co-

Be able to manage familial stress

Have support networks within their

during emergency situations

Have developmentally appropriate

Have children that are socially and

expectations for their children

emotionally competent

- Receive their high school diploma or GED
- Apply to Institutes of Higher Education (IHE) o Be accepted into at least one IHE or other
- post-secondary opportunities that they have applied to
- o Be self-sufficient

#### Maternal & Child Health

- Pregnant and parenting adolescents served will:
- o Engage in preventive visits with their primary care provider
- Have the knowledge and skills to make better informed decisions about their health
- Receive adequate prenatal care
- o Receive adequate postnatal care and post-partum counseling services
- o Be active users of family planning devices, including LARC

### Maternal & Child Health Outcomes

- Pregnant adolescents served will
- Have a full-term birth and/or birth weight greater than 5.5 lbs.
- Experience reduced repeat pregnancies
- Reduce their consumption of tobacco, alcohol, and illegal drugs